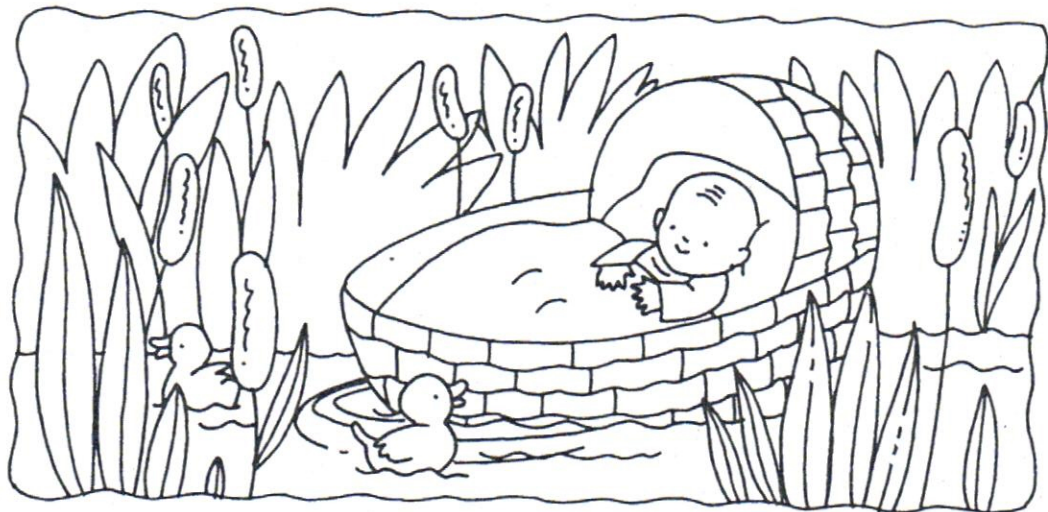


**Moses**

# Baby Moses

Exodus 1:8-2:10



Because of Joseph, the Hebrews came to live in Egypt. The Hebrews multiplied and became very numerous.

Years later, Egypt had a new king who didn't know about Joseph and how he had saved everyone during the famine. The new king, or pharaoh, turned the Hebrews into slaves. They were forced to make bricks and mortar and work long hours in the fields. But the more the Egyptians tried to crush the Hebrews, the more the Hebrews multiplied. Finally, Pharaoh said, "I have to stop the Hebrews, or they will take over Egypt!"

He ordered that all male Hebrew babies be killed. But the midwives, who helped deliver the babies, feared God. They would not do as the king had commanded. One Hebrew mother hid her baby boy for three months. When he was too big to hide any longer, she laid him in a basket and had her daughter place the basket among the reeds along the bank of the Nile River.

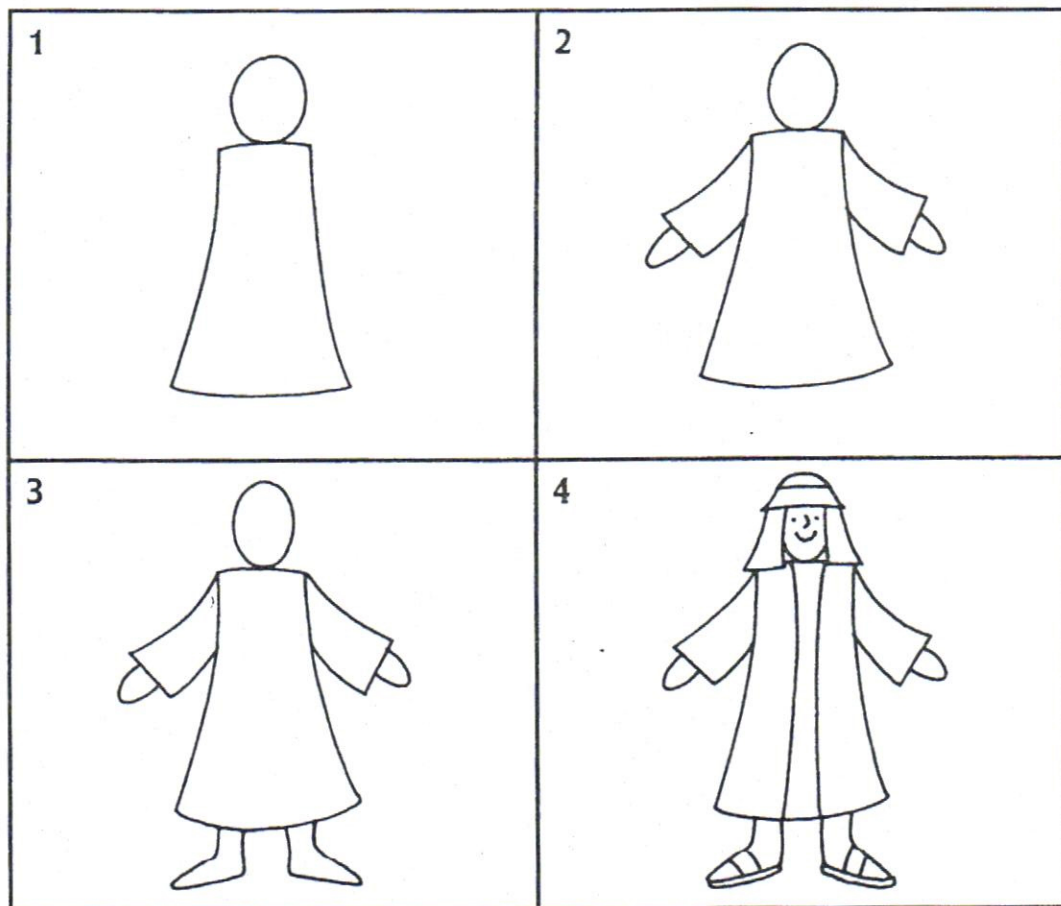
That afternoon, when Pharaoh's daughter went to bathe in the Nile, she found the baby in a basket. The baby's sister, Miriam, approached the princess and said, "Should I go and find one of the Hebrew women to nurse the baby for you?"

"Yes," said the princess.

Miriam quickly got her mother. In that way, the baby was able to be with his real family until he was older. Then Pharaoh's daughter took him to the palace and raised him as a prince. She named him Moses.

# The Hebrews Multiply

To draw a biblical character, follow the four steps below. When you know how to draw the character, draw a multitude of Hebrews. First draw Jacob and his twelve sons. Then draw twelve children for each of the twelve sons (Jacob's grandchildren). You will need several sheets of paper. 1 (Jacob) + 12 (sons) + 144 (grandchildren). See how generations can multiply quickly. Imagine how many great grandchildren Jacob had!

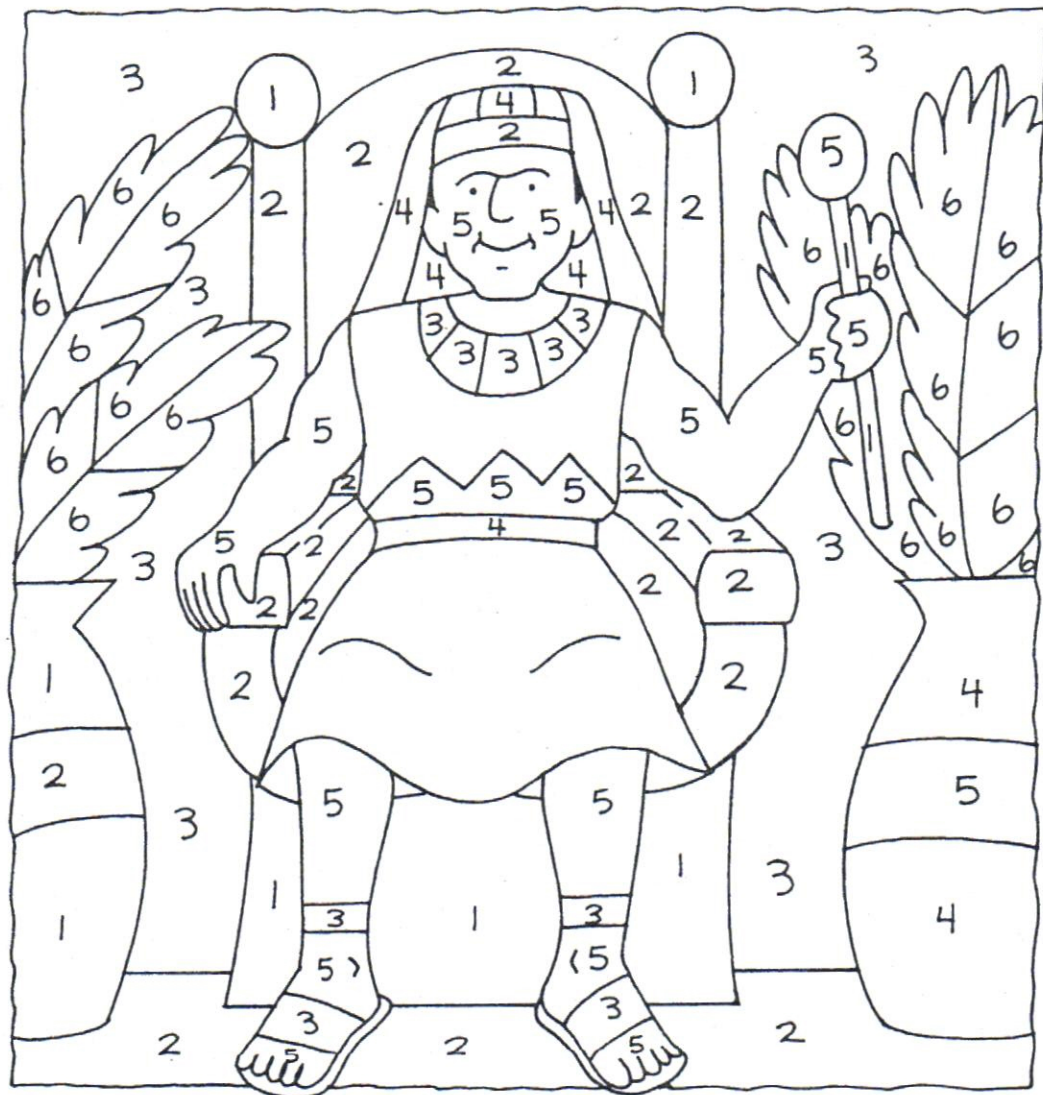


**God's Word says:** "The Israelites were fruitful and multiplied greatly and became exceedingly numerous, so that the land was filled with them" (Exodus 1:7).

# A New King

Color by number to see the new king.

1 = red    2 = blue    3 = yellow    4 = purple    5 = orange    6 = green



**God's Word says:** "Then a new king, who did not know about Joseph, came to power in Egypt" (Exodus 1:8).

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# Pharaoh's Daughter

Turn this picture into a mosaic. Cut and mount the picture on a piece of thin cardboard or posterboard. Use small pieces of construction paper, glitter, and sequins to decorate Pharaoh's daughter. Glue on bits of blue cellophane for the water, grass clippings for the grass, sand for the ground, green construction paper for reeds, flannel for the baby blanket, and so on.



**God's Word says:** "She opened it and saw the baby. He was crying, and she felt sorry for him" (Exodus 2:6).

# The Burning Bush

Exodus 2:11–3:17; 4:1–17



Saved by Pharaoh's daughter, Moses grew up in the Egyptian palace. Moses saw how cruel the Egyptians were to their Hebrew slaves. One day, when he saw an Egyptian beating a slave, Moses got so angry that he killed the Egyptian.

Fearing for his own life, Moses fled to the land of Midian, where he became a shepherd. Years passed, and Moses married and had sons. Then one day when Moses was tending his sheep, he saw a bush that was on fire but did not burn up.

God spoke to Moses from the bush, "Do not come any closer. Take off your sandals, for you are standing on holy ground."

Moses hid his face. God said, "I have seen the misery of my people. I will lead them out of Egypt." Then God told Moses to go to the leaders of Israel and tell them that God had appeared in a burning bush. "Tell them that I will lead them to a land flowing with milk and honey."

"They won't believe me," said Moses. "Why should they do what I tell them?"

"Throw down your shepherd's staff," God commanded.

When he did, it became a snake! Afraid, Moses ran.

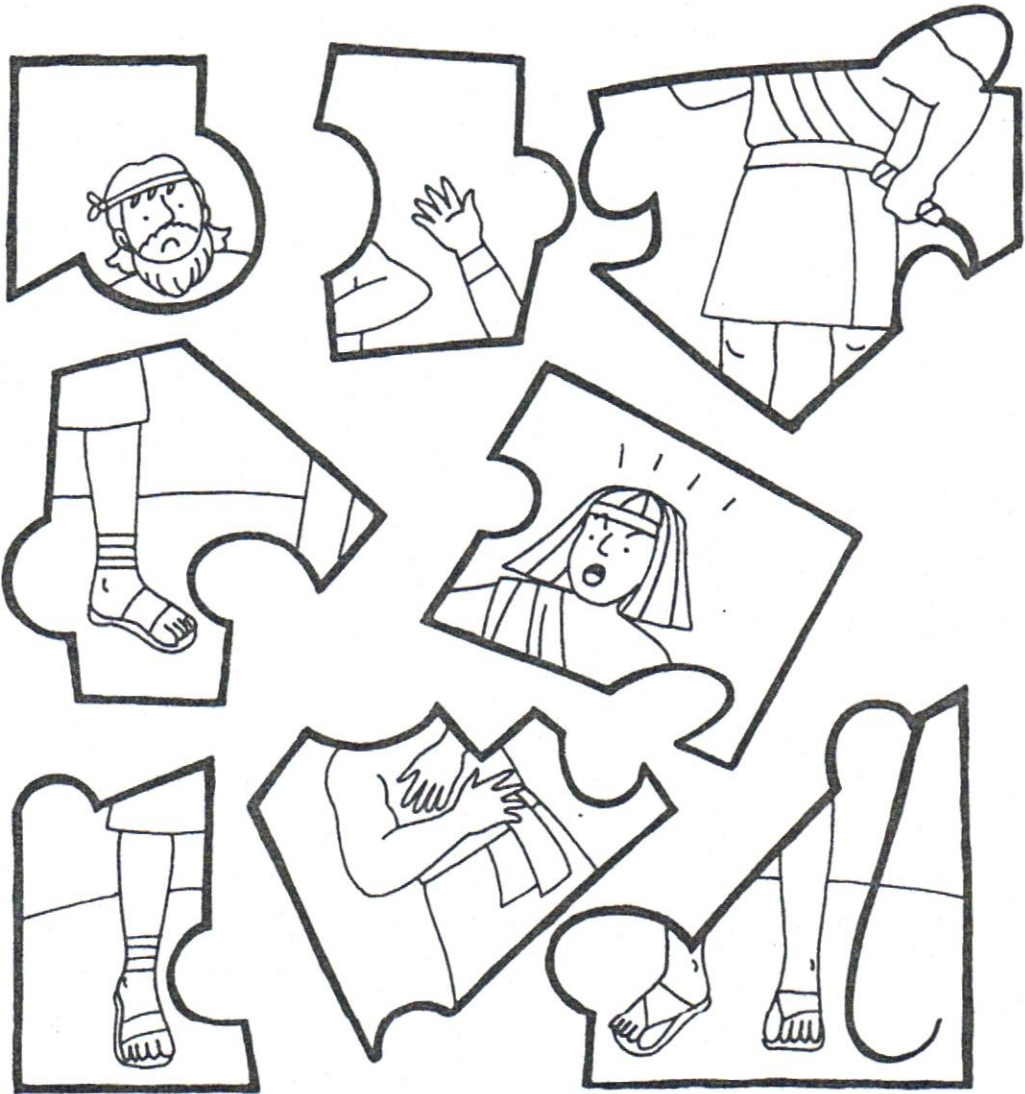
"Take hold of its tail," God told him.

When Moses reached out and grabbed the snake, it became a shepherd's staff again.

"Don't be afraid," God told Moses. "Take along your staff so that you can perform miraculous signs. Then they will believe that I sent you."

# Terrible Taskmaster

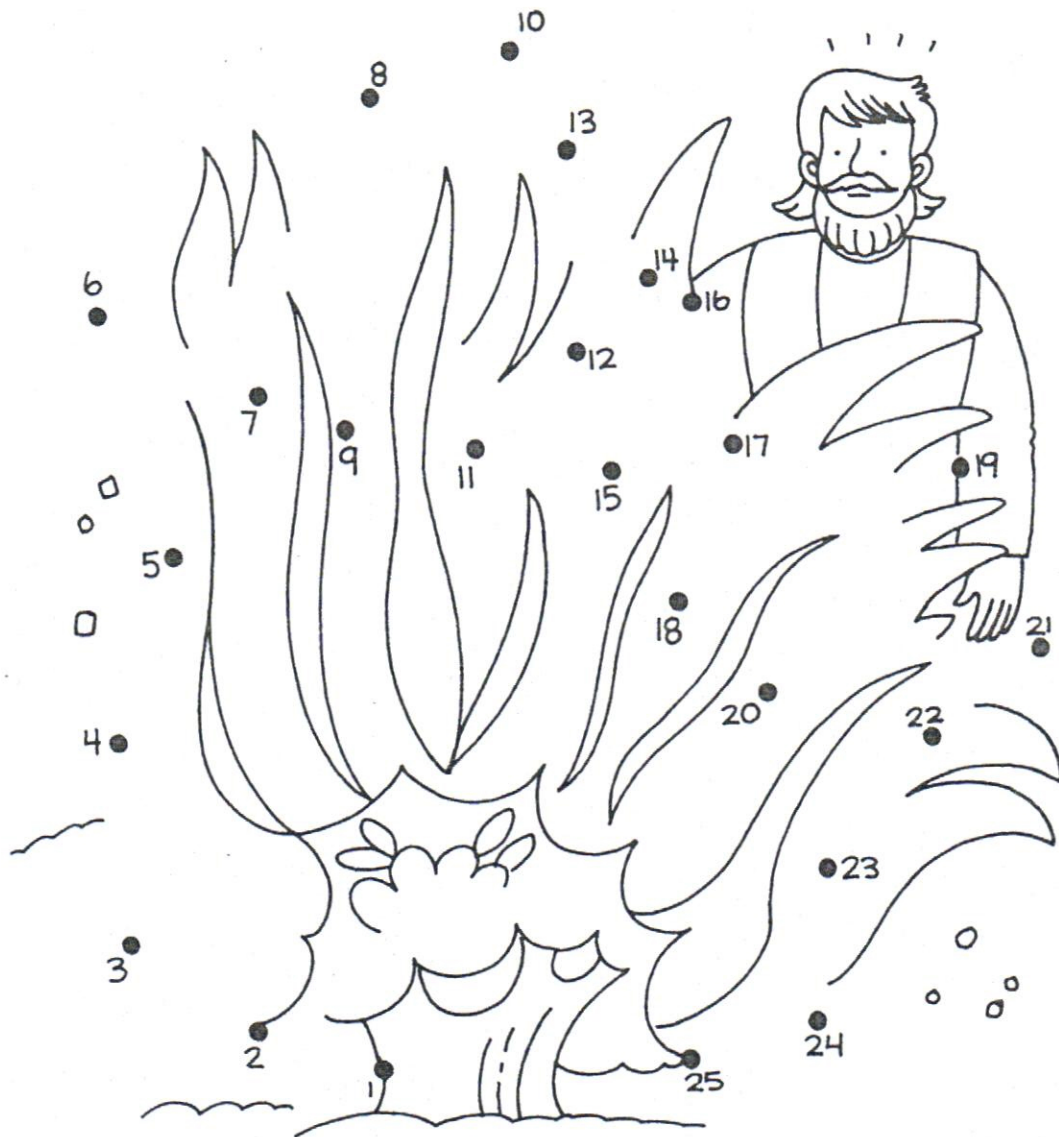
Color and cut out the eight puzzle pieces. Put them together to see what Moses saw when he went out to visit his people.



**God's Word says:** "He went out to where his own people were and watched them at their hard labor. He saw an Egyptian beating a Hebrew" (Exodus 2:11).

# From a Burning Bush

To see what Moses saw, connect the dots from 1 to 25.



**God's Word says:** "When the LORD saw that he had gone over to look, God called to him from within the bush, 'Moses! Moses!'" (Exodus 3:4).



# Shepherd's Staff?

"Throw it down on the ground," the Lord told Moses. So Moses threw down his staff, and it became a snake. Turn the shepherd's staff into a snake by giving it a head and tail and markings. Then color the picture.



**God's Word says:** "Moses reached out and took hold of the snake and it turned back into a staff in his hand" (Exodus 4:4).

# “Let My People Go!”

Exodus 5-12



Moses did as God told him to do. He went to the leaders of Israel and gave them God's message: "I will lead my people to a land flowing with milk and honey."

Then Moses and his brother Aaron went to see Pharaoh. They told him, "This is what the Lord, the God of Israel said, 'Let my people go.'"

Pharaoh said, "I do not know the Lord, and I will not let Israel go."

To make Pharaoh listen, God punished Egypt with ten plagues. The Nile River was turned into blood; frogs covered the land; dust turned into swarms of gnats; swarms of flies covered everything; all the Egyptians' livestock began to die; soot became festering boils; thunder, hail, and lightning struck the earth; locusts covered the surface of the whole country; and darkness covered the entire land for three days. But still, Pharaoh wouldn't let Moses lead the Israelites out of Egypt.

Finally, God told Moses, "I will send one final disaster and then Pharaoh will let you go."

That night, at midnight, all the firstborn Egyptian sons died. The homes of the Israelites were passed over and none of their sons died. Pharaoh sent for Moses and Aaron. "Leave us!" he cried. "Go away, all of you! Take your flocks and herds, and be gone."

# "I Will Not Let Them Go!"

Moses asked Pharaoh to let Israel go. But Pharaoh said, "No!" That was wrong. God's people did not belong to Pharaoh. Can you find ten things that do not belong in this picture?



**God's Word says:** "Pharaoh said, 'Who is the LORD, that I should obey him and let Israel go? I do not know the LORD and I will not let Israel go' " (Exodus 5:2).

# Ten Plagues

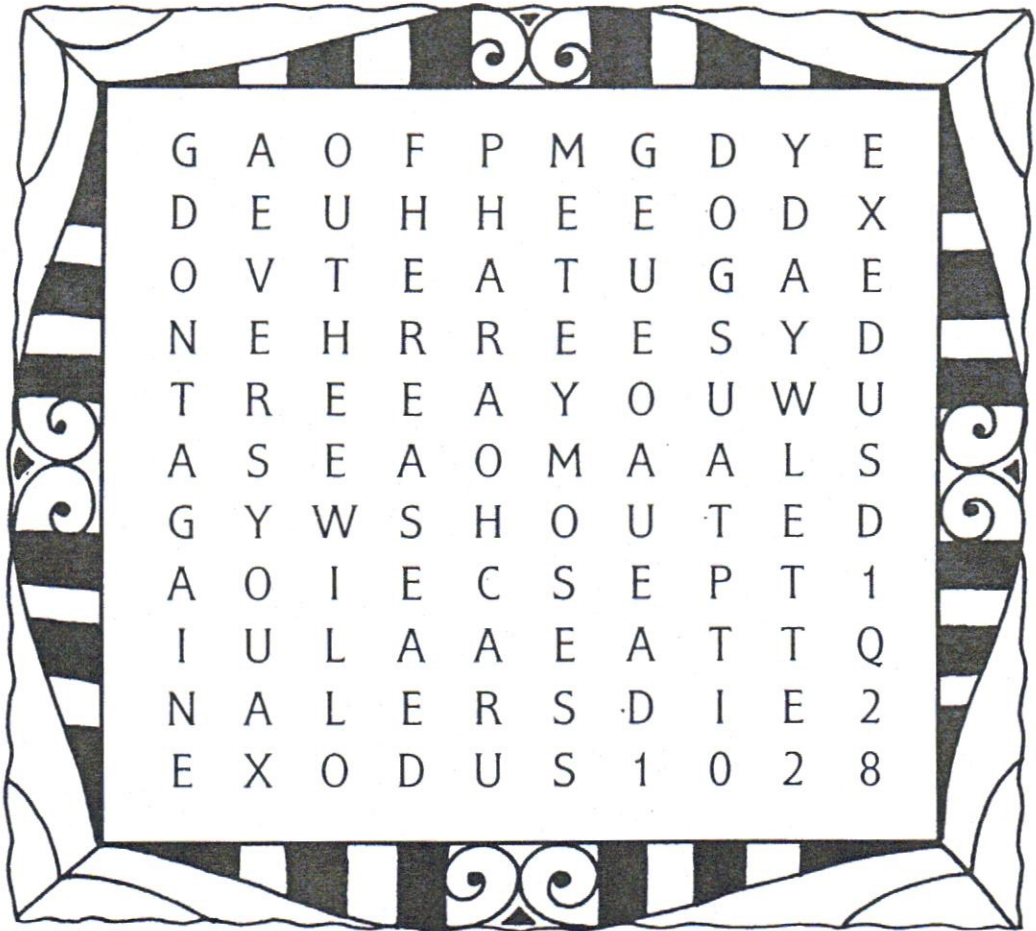
Draw a picture in each box of the plague noted. Can you name the other plagues?

|   |   |
|---|---|
| <p>The Nile River turned to blood.</p>                | <p>Frogs covered the land.</p>                  |
| <p>Dust turned into swarms of gnats.</p>              | <p>All the Egyptian livestock began to die.</p> |
| <p>Thunder, hail, and lightning struck the earth.</p> | <p>Locusts covered the ground.</p>              |

**God's Word says:** "But the LORD hardened Pharaoh's heart, and he was not willing to let them go" (Exodus 10:27).

# Leave Us!

After the firstborn Egyptian sons died, Pharaoh called Moses and told him, "Leave us!" Can you find the words of Exodus 10:28 hidden in the letter maze? The words may be written across, down, diagonally, or backwards. Circle each word in the puzzle as you find it. Some words appear more than once.



**God's Word says:** "'Get out of here!' Pharaoh shouted at Moses. 'Don't ever let me see you again! The day you do, you will die!'" (Exodus 10:28, NLT).

us what a believer ought to be than to describe a real one.

It is true that not everyone thinks of the parish in the same way. We are a community of faith. We work in this community and its surroundings. We live our daily lives here, so we also worship here. For the Orthodox believer, the community church is vital and important. It is the here and now, the localization of the eternal Church. For some the parish church is sacred ground where they escape problems in life. For others, the parish is a center that reinforces a special way of life that brings back memories of times past. For still others, the parish is a kind of school, or perhaps leaven in society, or even an extended family. All of these ways of thinking about a parish are understandable and some even most correct and appropriate, based as they are on the Scripture. Each perspective, however, if carried to an extreme can destroy the whole purpose of the Christian way of life. What may at first appear very pious can be no more than a disguise for an escape from the delicately balanced way of life for the person born again in Christ and risen from the dead.

Even in pre-Christian days, people looked upon the temple as the dwelling place of God. Because our God was actually present there by His own testimony, it was a sacred place. Thus our parish church is dear and meaningful to each soul. People beset with problems and anxieties come to the temple to pray, to rest spiritually, to contemplate their relationship with the Lord and to draw grace from the Source of Life. The Old Testament temple was sacred ground, sacred space and became a kind

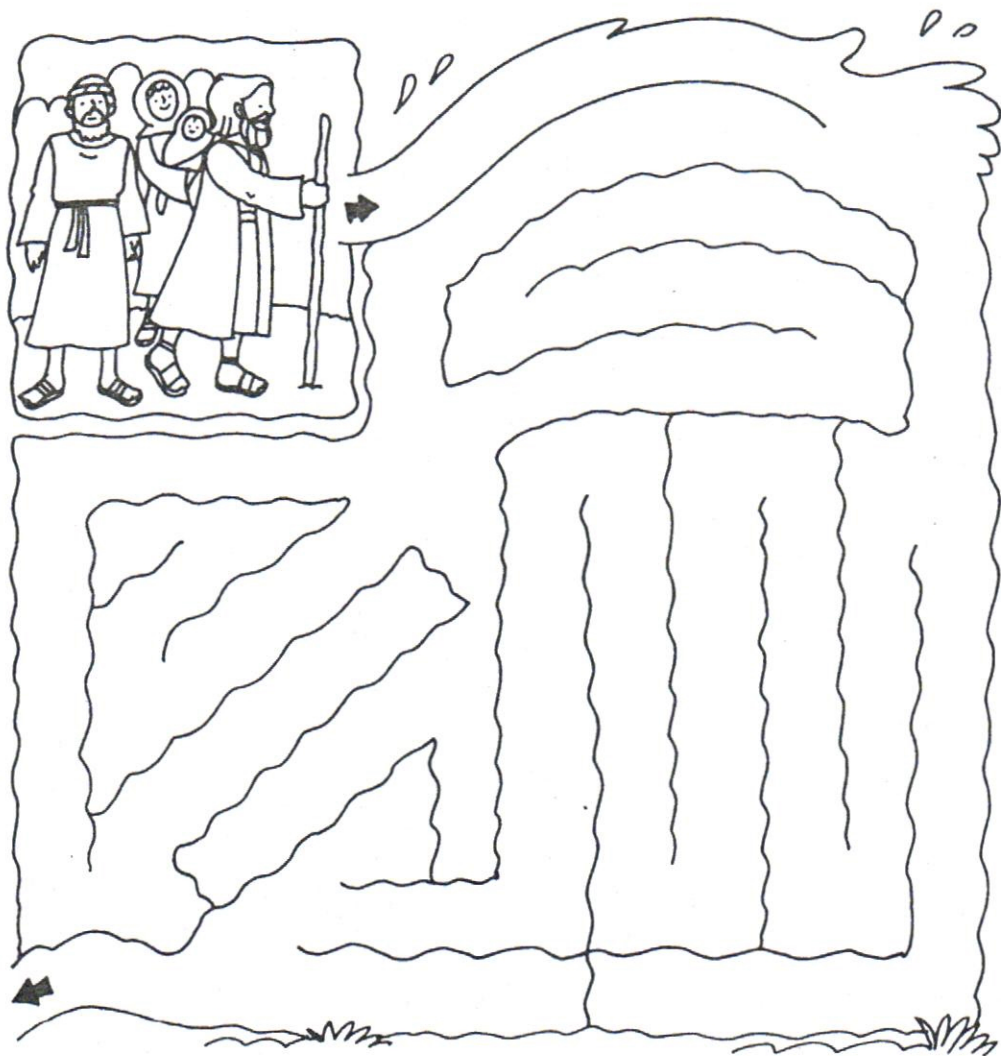
of an island of peace in a troubled world. Because early Christians were persecuted by the Jews and Romans, it was not until freedom was granted to the Church at the beginning of the fourth century that this sentiment once again characterized believers. Now at last they were free to build public churches. In a very real way, in a very physical way, they could manifest the truth that where two or three were gathered together in prayer, God would be among them. In the breaking of the bread and the drinking from the cup, they recognized immediately the presence of Christ in their midst.

With the enshrining of the Eucharist on the altar of the Christian church, the idea of each parish being a special dwelling place of God became obvious. Each parish church is then a shrine of the presence of God in the world among His faithful believers. They also understand very well that God is everywhere and does not utilize our church as an escape from the demands of everyday life. The life of Christ, the Christian life is not separate from the life which we espouse and live each day.

Being a Christian believer in today's materialistic pagan world requires helpful support which is provided by the parish. No one can believe or maintain belief all alone, by oneself, apart from other believers. Parishes traditionally provide that kind of support which strengthens and makes up for what is lacking in the individual believer. The parish embraces with the open arms and heart of our Lord. It loves with the soul of the Saviour. It is the personification of gentleness which Christ calls us to be.

# Through the Red Sea

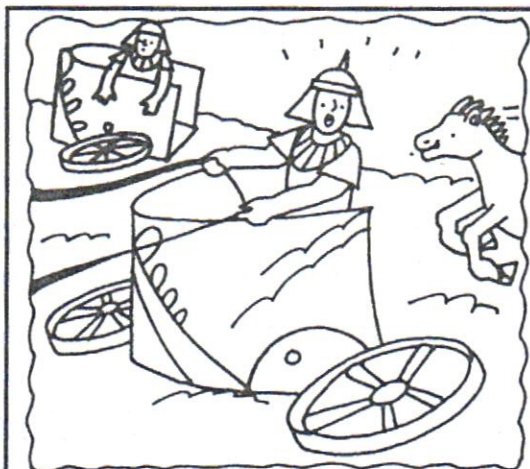
Help Moses and his people find their way through the Red Sea. Draw a path through the maze.



**God's Word says:** "Raise your staff and stretch out your hand over the sea to divide the water so that the Israelites can go through the sea on dry ground" (Exodus 14:16).

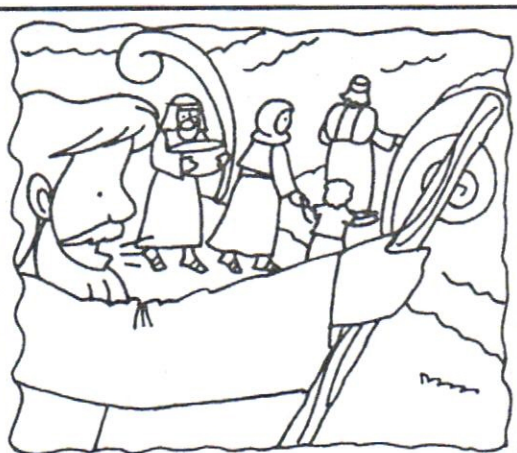
# The Sea Parts

Copy pages 59 and 60 back-to-back. Color the pictures. Cut along the solid lines and fold along the dotted lines. Put the pages in the correct order. To make a little picture book, staple along the left hand edge.



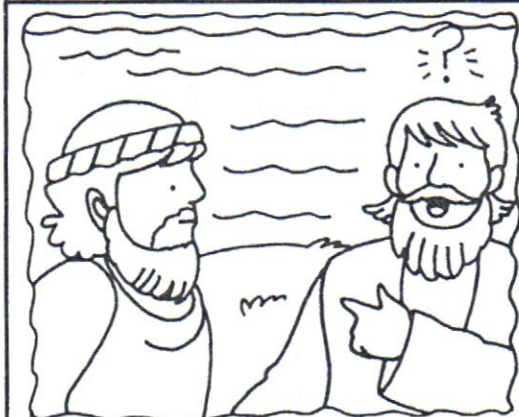
Let's get out of here!

6



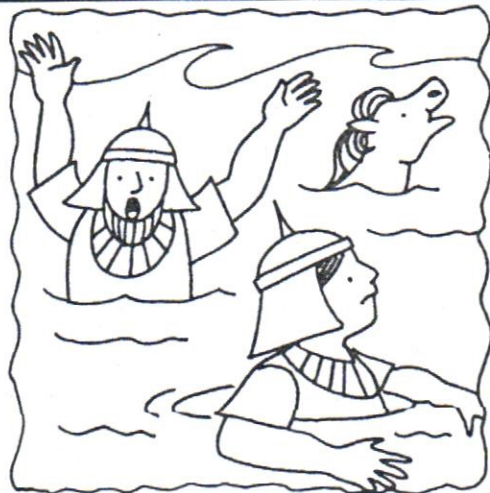
Follow me!

3



Aaron, how will we get the people across the sea?

2



7



# The Sea Parts (cont.)

God's Word says: "And the Egyptians will know that I am the Lord" (Exodus 14:4)



Do not be afraid.

4



5



The Lord saved us.

8

**The Lord  
Parts  
the Red Sea**

1

# Manna and Quail from Heaven

Exodus 16:1-17



A month after Moses and his people left Egypt, they reached a desert. They began complaining. "We are so hungry," they complained. "We wish we were back in Egypt. At least when we were slaves, we had plenty to eat."

God told Moses, "Don't worry. I will feed my people. I will rain down food from heaven. Tell the people to go out each day and pick up as much food as they need for that day. Tell them to pick up twice as much as usual on the sixth day of each week because no food will fall on the Sabbath."

Moses told the people, "Each dusk you will know that it was God who brought you out of the Egypt. Each sunrise you will see the glorious presence of the Lord. He has heard your grumbling."

When the people looked out toward the desert, they saw a guiding cloud in which the awesome glory of the God shone. Moses said, "Each evening you will have meat to eat, and each morning you will be filled with bread."

That night, many quail arrived and covered the camp. The next morning the desert, all around the camp, was wet with dew. When the dew dried, it turned into thin flakes, white like frost, called manna. Every day, except the Sabbath, the people of Israel went out and gathered the food that the Lord had given them.

# Who Said It?

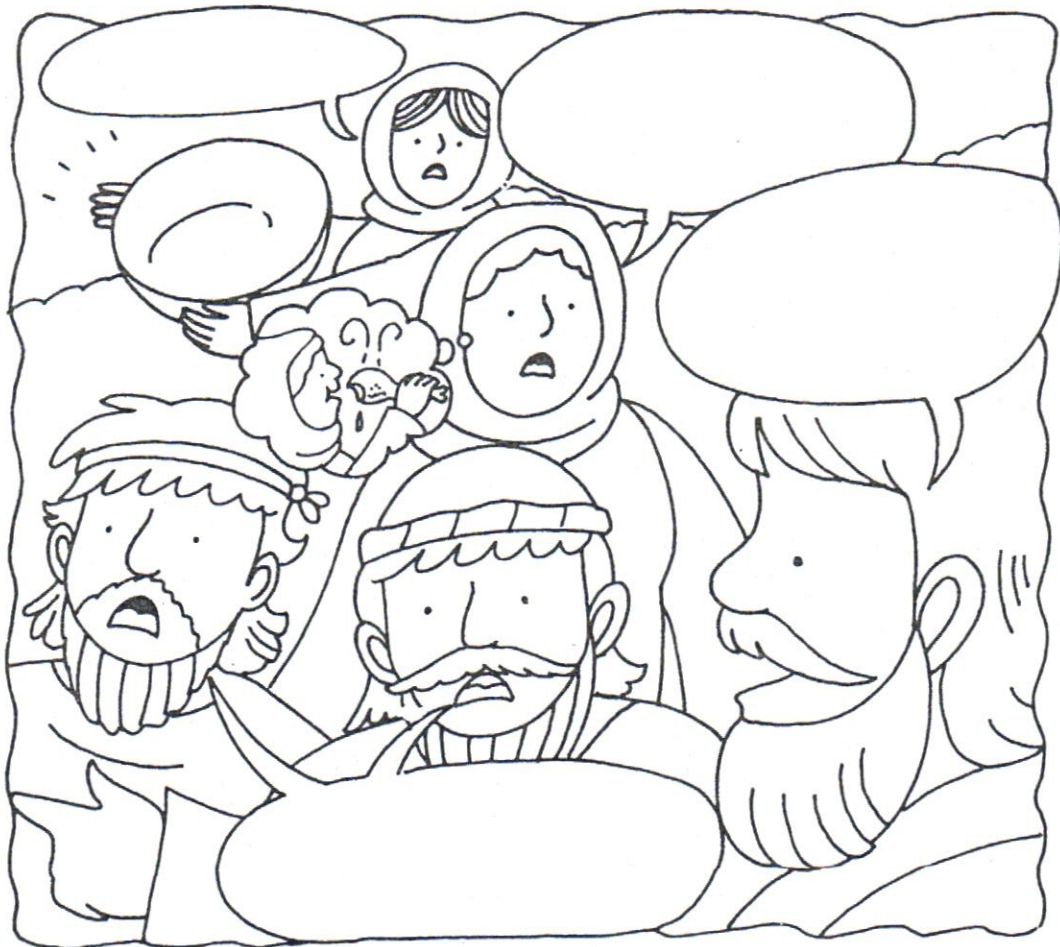
Write the following sentences in the right place in the picture. Color the picture.

"We are so hungry."

"We wish we were back in Egypt."

"At least when we were slaves,  
we had plenty to eat."

"In the evening you will have meat.  
Each morning you will have bread."



**God's Word says:** "In the desert the whole community grumbled against Moses and Aaron" (Exodus 16:2).

# Many Manna

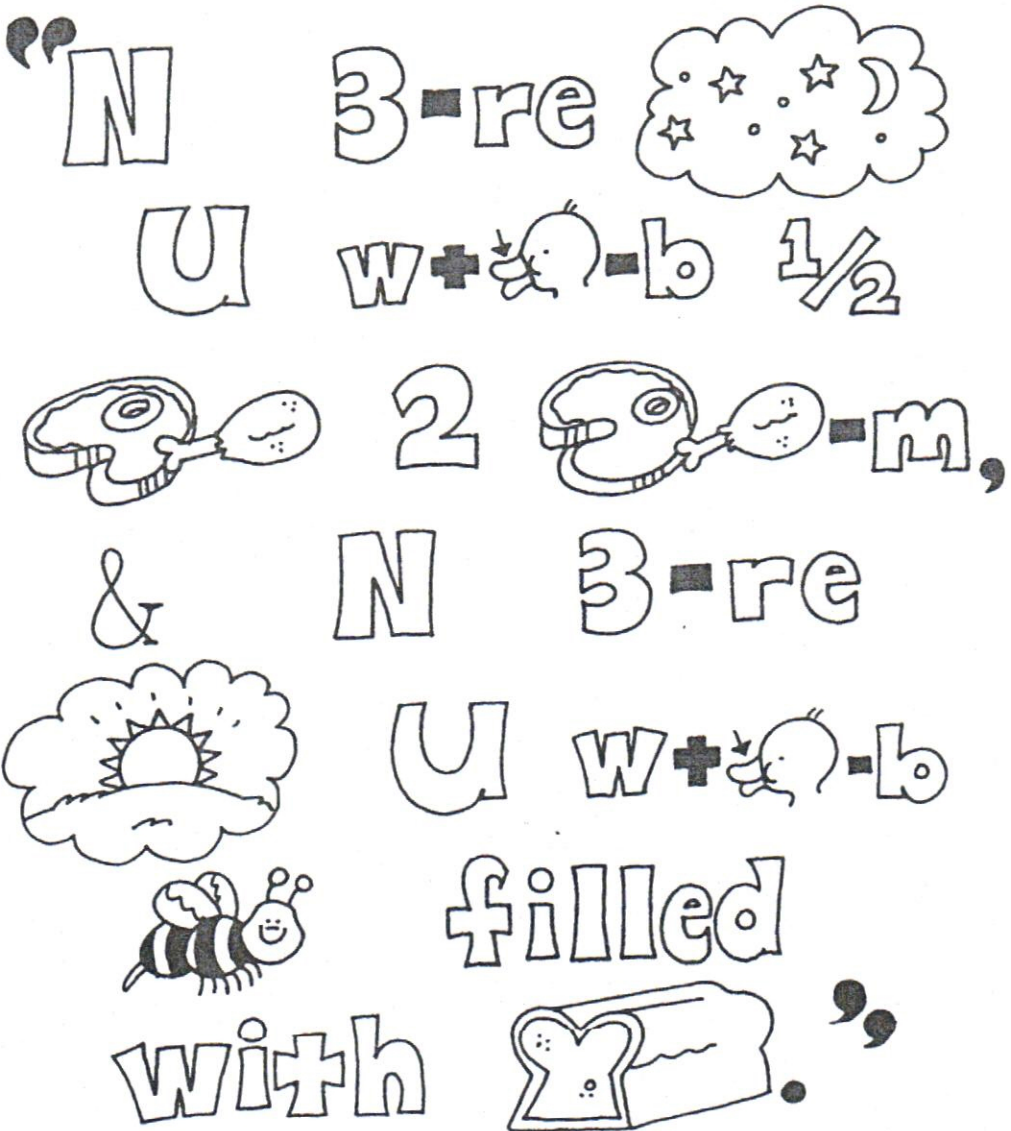
Color as you count the pieces of manna in the picture. Write the total. \_\_\_\_\_  
Color the rest of the picture.



**God's Word says:** "Then the LORD said to Moses, 'I will rain down bread from heaven for you'" (Exodus 16:4).

# Bread from Heaven

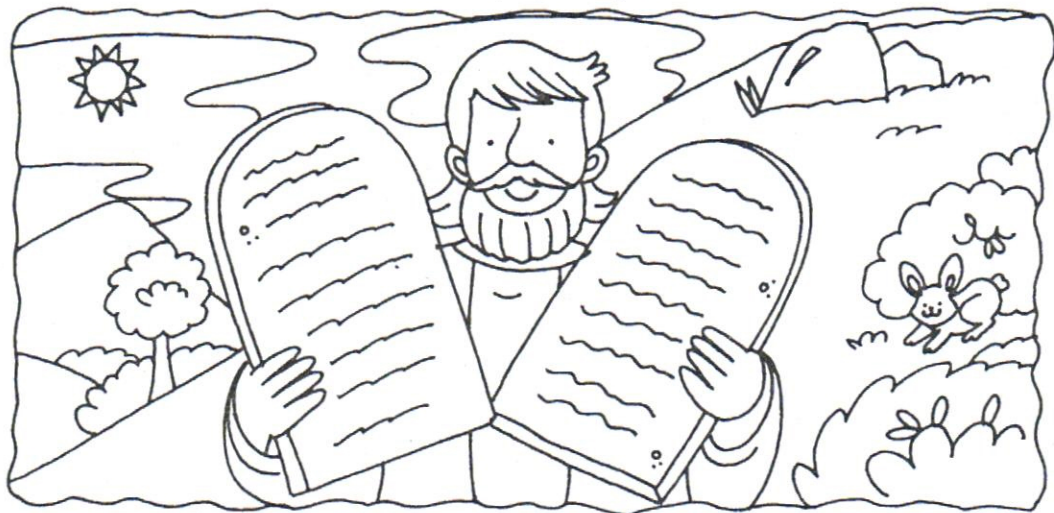
Use the picture clues to help find a secret message.



God's Word says: "Moses said to them, 'It is the bread the LORD has given you to eat'" (Exodus 16:15b).

# The Ten Commandments

Exodus 19:1-6; 20:1-17; 24:12-16



Two months after leaving Egypt, the Israelites arrived in the wilderness. They set up a camp at the base of a mountain. Moses climbed the mountain to talk to God.

God told Moses to give the people a message: "You know what I did to the Egyptians. You know how I brought you out of Egypt on eagles' wings. Obey me and keep my laws."

The people agreed to do all that the Lord asked them to do. So Moses lead them out from the camp to the base of the mountain to meet with God.

The Lord called Moses to the top of the mountain and gave him instructions called the Ten Commandments. They were written on two stone tablets.

1. Do not worship any other gods.
2. Do not make idols or bow down to them.
3. Do not misuse the name of the Lord your God.
4. Work six days, but keep the seventh day a day dedicated to the Lord.
5. Honor your father and mother.
6. Do not kill.
7. Do not commit adultery.
8. Do not steal.
9. Do not lie.
10. Do not envy what others have.

## I Am The Good Shepherd

The Great Fast is, for many, a time of giving up, a time of laying down certain luxuries, be they sweets or cigarettes or songs, in humble contemplation of the passion of our Lord. In other words, the time involved in being preoccupied with these things is offered to the Lord in permitting roots to grow in faith commitment to Him. "I am," the Lord taught us, "the Good Shepherd," the one Who comforts and cares, protects and leads, watches over and calls us by name. Such is the vocation of the Good Shepherd. And the sheep? They are us. We are called to lay down anxiety, fear, bondage, emptiness, even sin. We have the freedom to lay down an occasional luxury and offer its cost for some alms-giving purpose.

Our Lord, as the Good Shepherd, teaches us to hear His voice and follow after Him. He enlivens us by assuring us that "the Good Shepherd lays down his life for His sheep." This is the liturgical portion of the year which we celebrate with such intensity because it is so serious. It contemplates the sacrifice of Christ on the Cross for each sinner.

It is easy for us to get lost, caught up as we are in the flow and undertow of life. We are so prone to map out our own path, following our passions or our ill-conceived logic as we seek to abate our hungers for acceptance and happiness. So many paths lead nowhere. So many shepherds are false. During this holy season of the Great Fast, we are called to surrender to His leading and subsequently to surrender to victory.

It is the Good Shepherd alone, Who, during this Great Fast can provide that personal care and tender love for which our hearts desire. Christ alone replaces the anxiety and fear of self-leading with green pastures, still waters, and rest for our souls. Christ said, "I am the Good Shepherd; I know my sheep and my sheep know me." How can we ever be thankful enough that as He leads us, He also teaches us and shares Himself with us. He enables us through His passion and His death to experience Resurrection joy.

It is the Good Shepherd alone Who assists us with grace in carrying our cross as He carried His. We eagerly pray in our following after Him that He lead us to guide others to Him, that His sheep-fold may be filled with people of all nations and every neighborhood of the surrounding area. We cannot forget His goodness to us because He reminds us of our concern for others, "I am the Good Shepherd...I have other sheep that are not of this fold. I must bring them also."

The Good Shepherd calls upon us to share His love, to make known His will for the salvation of all mankind. He spreads a splendid table in our sight and offers Himself as nourishment for our soul and body. He leads our ransomed soul to streams of living water. Even in the darkest perversity of our lives, we do not fear ill because He is beside us, comforting and strengthening with His shepherd's staff. Regardless how long we may live, through all the length of our days, His goodness never fails, so we should always give witness with words of a life of praise.

When He finally finds us when we are lost, He does not chase us towards the sheep-fold with His staff, but gently lifts us up and places us across His shoulder, carrying us and our daily burden, returning us to the security of His divine love.



# Orderly Commandments

Put the Ten Commandments in order by writing the right number on the line next to each one.

- \_\_\_\_\_ Do not lie.
- \_\_\_\_\_ Do not worship any other gods.
- \_\_\_\_\_ Do not kill.
- \_\_\_\_\_ Do not misuse the name of the Lord your God.
- \_\_\_\_\_ Honor your father and mother.
- \_\_\_\_\_ Do not make idols or bow down to them.
- \_\_\_\_\_ Do not commit adultery.
- \_\_\_\_\_ Do not steal.
- \_\_\_\_\_ Do not envy what others have.
- \_\_\_\_\_ Work six days, but keep the seventh a day dedicated to the Lord.

**God's Word says:** "And the glory of the LORD settled on Mount Sinai"  
(Exodus 24:16).



# Find the Commandments

The letters found in the words **THE TEN COMMANDMENTS** are hidden in the picture. Outline each letter with a blue crayon. Then color the rest of the picture.



**God's Word says:** "The LORD said to Moses, 'Come up to me on the mountain and stay here, and I will give you the tablets of stone, with the law and commands I have written for their instruction'" (Exodus 24:12).